



WEEKDAYS MASS SCHEDULE

Tuesdays and Fridays
12:00 pm (English) -
in the main church.

SUNDAY MASS SCHEDULE

10:30am (English)
12pm (Portuguese)

The Office is opened
Tuesdays and Thursdays

DONATE for the
upkeep of our
building, support
activities, and
operations.



“Taking the five loaves and the two fish,
He looked up to heaven, blessed and
broke them, and gave them to the
disciples to set before the crowd. They
all ate and were satisfied.”

Luke 9:16-17

Theme of the Solemnity of the Most Holy Body and Blood of Christ

On the Solemnity of the Most Holy Body and Blood of Christ, we are invited to reflect on the Eucharist as the great gift of Jesus for the life of the Church. When we receive the bread and wine, which are the Body and Blood of Christ, we receive the life and love of Jesus within us.

The first reading recalls the encounter between Abraham and Melchizedek, king and priest of Salem, who offers bread and wine and blesses Abraham. Christian tradition sees in Melchizedek a foreshadowing of Jesus Christ, the eternal priest, who offers not only bread and wine, but Himself as the food of salvation.

In the Gospel, we see Jesus feed a large crowd with only five loaves and two fish. His actions—taking, blessing, breaking, and distributing—anticipate those of the Last Supper, when He gives His life to the disciples in the form of bread and wine. The entire life of Jesus can be summarized in these gestures: to break, to share, to give Himself out of love. In the same way, those who follow Him and are nourished by Him must also live.

The second reading brings us the oldest account of the Eucharist, written by Saint Paul. He reminds us that partaking of the bread and the cup is to take on a commitment to Christ and to His way of living. Therefore, communion with the Body and Blood of the Lord demands a coherent life, a spirit of unity, and a rejection of division, selfishness, or disregard for the weak.

UPCOMING EVENTS

Jun
22

Solemnity of Corpus Christi

Jun
30

Women's Prayer Group

Jun
27

Worldwide Marriage Encounter

Jun
30

Children Summer Camp

The Francis De Sales Centre Accepting High School Applications for 2025-2026

Students entering grades 9-12 are encouraged to apply to The Francis De Sales Centre (FSC) at Mary, Mother of God School. A unique, affordable independent school rooted in the Catholic tradition, FSC engages students with a rigorous academic program in both the sciences and the humanities through small, seminar-style classes that are lively and engaging. **For more information and to access an application package, please call us at 416 531-7897, or visit marymotherofgodschool.org**

OUR LADY'S CIRCLE – WOMEN'S PRAYER GROUP

Monday, June 30 at 6:30 PM

We invite all women of the parish to join the Women's Prayer Group — a monthly gathering dedicated to growing in faith, strengthening our relationship with God, and offering mutual support through prayer and sharing.

Each meeting includes a time of communal prayer and friendly conversation in a warm and peaceful environment. This is a beautiful opportunity to connect with other women, enrich your spiritual life, and place your intentions into the loving hands of Our Lady.

Bring a friend and come renew your heart and spirit. We look forward to seeing you!

Worldwide Marriage Encounter Experience – June 27-29, 2025

Are you ready for more growth and happiness
in your marriage or priesthood?

Join us on **June 27-29** at Queen of Apostles
for a weekend that could change your life.

Discover the Secrets to a Lasting, Supportive,
and Transformational Marriage!

This weekend is for couples, whether you are
newlyweds or have been married for decades.

Call us NOW: Christian & Elizabeth Arroba, 416-
554-4439 OR 416-554-7062
christian.elizabeth.arroba@wwme.org

Summer is here! Summer Camp for Children Ages 6-12

West Neighbourhood House is hosting
a **Summer Camp** from **June 30 to
August 22, 9 AM to 4 PM**, at Pope
Francis Catholic School (319
Ossington Ave).

Affordable weekly fees (\$44-\$110)
with subsidies available.

For more info, contact West
Neighbourhood House, 248 Ossington
Ave.